



Domestic Abuse Risk Management

Safety Rules

It is important for steps 6-8 that the following safety rules are clear and well known to the parents who agree to follow them as part of the safety plan.

01 Keep at least 6 feet apart, step back if you are face to face

02 If one or both of you are standing then both sit down

03 No heated arguments or fighting in front of the children

04 No arguing in an area where there are dangerous objects (usually the kitchen)

05 No shouting or raising your voices

06 No swearing and absolutely no name calling

07 No taking of drugs or alcohol when feeling upset or angry

08 Use the safety/time out plan **before** matters escalate

DV-ACT provide risk and vulnerability assessments, consultancy and training across the UK. To find out how the experts at DV-ACT can help with cases where domestic or sexual abuse is a concern please contact us.



T: 02039678368 M: 07378 423587
E: info@dvact.org W: www.dvact.org

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